



DECEMBER 2015

Maryland WIC
Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Jackie – Eastern & Towson Ashley – Essex & North Point Thomasine – Chartley Maria – Woodlawn Danaly – Lansdowne/Latino Liz – Breastfeeding Coordinator		1 Breastfeeding Classes: Towson WIC Clinic 11:00am-11:30am Woodlawn WIC Clinic 2:45pm-3:15pm	2 Breastfeeding Classes: Eastern WIC Clinic 8:45am-9:15am	3 Breastfeeding Classes: Chartley WIC Clinic 1:15pm-1:45pm		
6	7	8 Breastfeeding Classes: Woodlawn WIC Clinic 2:45pm-3:15pm	9 Breastfeeding Classes: Eastern WIC Clinic 11:00am-11:30am Essex WIC Clinic 1:15pm-1:45pm	10 Breastfeeding Classes: Chartley WIC Clinic 2:00pm-2:30pm North Point WIC Clinic 2:00pm-2:30pm	11	12
13	14	15 Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 2:45pm-3:15pm	16 Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am Essex WIC Clinic 1:15pm-1:45pm	17 Breastfeeding Classes: Chartley WIC Clinic 2:00pm-2:30pm	18	19
20	21	22 Breastfeeding Classes: Woodlawn WIC Clinic 2:45pm-3:15pm	23 Breastfeeding Classes: Eastern WIC Clinic 10:15am-10:45am Essex WIC Clinic 1:15pm-1:45pm	24	25	26
27	28	29	30	31		Services Available Upon Request:-Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services



JANUARY 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Jackie – Eastern & Towson Ashley – Essex & North Point Thomasine – Chartley Maria – Woodlawn Danaly – Lansdowne/Latino Liz – Breastfeeding Coordinator			Services Available Upon Request: -Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services		1	2
3	4	5 Breastfeeding Classes: Towson WIC Clinic 9:30am-10:00am Woodlawn WIC Clinic 3:00pm-3:30pm	6 Breastfeeding Classes: Eastern WIC Clinic 8:45am-9:15am	7	8	9
10	11	12 Breastfeeding Classes: Woodlawn WIC Clinic 3:00pm-3:30pm	13 Breastfeeding Classes: Eastern WIC Clinic 11:00am-11:30am Essex WIC Clinic 1:15pm-1:45pm	14 Breastfeeding Classes: Chartley WIC Clinic 2:15pm-2:45pm North Point WIC Clinic 2:00pm-2:30pm	15	16
17	18	19 Breastfeeding Classes: Towson WIC Clinic 9:30am-10:00am Woodlawn WIC Clinic 3:00 pm-3:30pm	20 Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am Essex WIC Clinic 1:15pm-1:45pm	21	22	23
24/31	25	26 Breastfeeding Classes: Woodlawn WIC Clinic 3:00pm-3:30pm	27 Breastfeeding Classes: Eastern WIC Clinic 10:15am-10:45am Essex WIC Clinic 1:15pm-1:45pm	28 Breastfeeding Classes: North Point WIC Clinic 2:45pm-3:15pm Chartley WIC Clinic 3:00pm-3:30pm	29	30



FEBRUARY 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Jackie – Eastern & Towson Ashley – Essex & North Point Thomasine – Chartley Maria – Woodlawn Danaly – Lansdowne/Latino Liz – Breastfeeding Coordinator				Services Available Upon Request: -Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services		
	1	2 Breastfeeding Classes: Towson WIC Clinic 11:00am-11:30am Woodlawn WIC Clinic 3:45pm-4:15pm	3 Breastfeeding Classes: Eastern WIC Clinic 8:45am-9:15am	4	5	6
7	8	9	10 Breastfeeding Classes: Eastern WIC Clinic 11:00am-11:30am Essex WIC Clinic 1:15pm-1:45pm	11 Breastfeeding Classes: Woodlawn WIC Clinic 9:30am-10:00am Chartley WIC Clinic 2:15pm-2:45pm North Point WIC Clinic 2:00pm-2:30pm	12	13
14	15	16 Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 3:00 pm-3:30pm	17 Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am Essex WIC Clinic 1:15pm-1:45pm	18	19	20
21/28	22/29	23	24 Breastfeeding Classes: Eastern WIC Clinic 10:15am-10:45am Essex WIC Clinic 1:15pm-1:45pm	25 Breastfeeding Classes: Woodlawn WIC Clinic 10:15am-10:45am North Point WIC Clinic 2:45pm-3:15pm Chartley WIC Clinic 3:00pm-3:30pm	26	27